

## HIKING TRAILS / TRAIL RUNNING

PATH	LENGTH	VERTICAL DROP	DIFFICULTY	DURATIO (one way)
Virgen de las Nieves	2580m	84m	Easy	1h 25'
Las Chorreras	3670m	81m	Easy	2h 30'
Observatorio	1950m	205m	Easy	1h 00'
Laguna Las Yeguas	2130m	140m	Easy	0h 30'
Veleta	5200m	480m	High	2h 50'
Fuente Alta	7290m	125m	Medium	3h 30'

### VELETA ROUTE

This classic route takes you from the highest chairlift station along the old Veleta track to the emblematic peak of Sierra Nevada. Along the way the hiker will be able to find the Posiciones del Veleta, a strategic point from which the San Juan Valley and the great peaks of the Penibética mountain range can be spotted.

### LAGUNA DE LAS YEGUAS ROUTE

Starts at 2.900 metres, the highest point of the chairlift, taking us to the Laguna de las Yeguas and providing the great melting snow show, both at the large lagoon at the head of the Dilar River as well as in the Lagunillos de la Virgen, located at about one kilometre higher up. There, the Mediterranean high mountain ecosystem can be seen in full splendour.

### OBSERVATORIO ROUTE

This is a short walk that heads towards the heart of Borreguiles after beginning at the Laguna de las Yeguas. Just 300 metres into the route, you will be able to see one of the largest wet pastures ("borreguiles") located at the headwaters of the Dilar River.

### VIRGEN DE LAS NIEVES ROUTE

From Borreguiles, a gentle route that reaches the monument to the Virgen de las Nieves, a historic postcard view. The panoramic views of the Barranco de San Juan from this area and the frequent presence of ibex are other attractions to be found on this route.

### CHORRERAS ROUTE

This route starts from Borreguiles towards the Valley of the Río Dilar in the area of Montebajo. These meadows cover large areas of the river banks and are home to a wide range of vegetation as well as being the habitat of a large part of Sierra Nevada species, including the renowned 'Estrellas de las nieves', plantago nivalis plant.

### FUENTE ALTA ROUTE

Route through the Suerte of Fuente Alta through its dense forest of conifers. One visit to the farmhouse of Fuente Alta to know the way of life of the inhabitants of Sierra Nevada



Guided group route 20€ pp (minimum 4 pax, lift + guided route)	Lifts	Opening time	Last ride down
	Borreguiles gondola Veleta II Chairlift	09.30 am 09.45 am	6.15 pm 6.00 pm

Tickets	Children (0-5) Senior Plus (>70) (*free)	Junior (6 - 12)	Adulto (13 - 69)
Forfait 1 day	€ 5	€ 10	€ 15
Stay Overnight* Forfait 5 days	€ 5/day € 40	€ 12 € 40	€ 19 € 56

\*Stay Overnight: 1 up + 1 down next day.  
Price valid except misprint . Price with VAT included

sierranevada.es +34 958 70 80 90

EMERGENCY PHONE: 112



CIRCUIT	LENGTH	VERTICAL DROP	MODALITY
Río	3928m	545m	DH
Maribel	3700m	545m	DH / Enduro
Veleta	2198m	235m	DH
Fuente Alta	8660m	125m	XC



Lifts	Opening time	Last ride down	Accident insurance
Borreguiles gondola Veleta II Chairlifts	09.30 am 09.45 am	6.15 pm 6.00 pm	Check in at the ticket offices

Bike Park Passes	Junior (6-12)	Adult (13-69)
Forfait 1 day	€ 15	€ 22
Forfait 2 days	€ 24	€ 34
Forfait 5 days	€ 57	€ 79

Bicycle rental*			
Downhill	Freeride	All terrain skate	Helmet
65 €	25 €	10 €/hora	15 €

\*Payment of deposit of € 100 is requested and DNI.

CLINIC DH MTB LUIS ZARCO (CHAMPION OF ANDALUSIA DH)

July 14 th 2019

+ Info and inscriptions: sierranevadabikepark.com



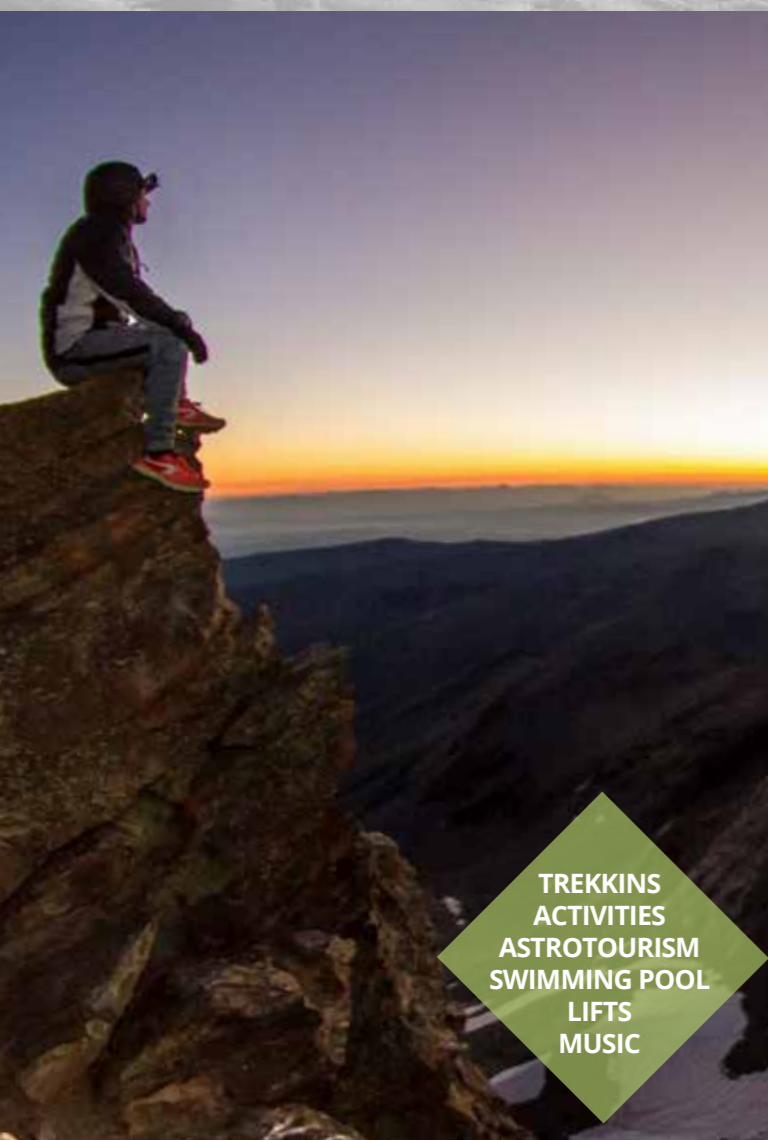
Club Montebajo swimming pool Mirlo Blanco amusement area



CIRCUIT / ROUTE Fuente Alta TOTAL LEHTH 8660m VERTICAL DROP 125m







TREKKINS  
ACTIVITIES  
ASTROTOURISM  
SWIMMING POOL  
LIFTS  
MUSIC



## FACILITIES AND ACTIVITIES

### LIFTS IN SUMMER

Al-Andalus Gondola and Veleta II Chairlift. From 2.100m to 2.900m. Gondola Schedule from 09.30 am to 6.00 pm. Chairlift from 09.45 am to 5.45 pm.



### HEATED SWIMMING POOL WITH SOLARIUM

Located at Montebajo sport Club Pradollano.  
**Schedule:** Open from July 6th to August 25th, from 12.00 to 7.45 pm.  
**Prices:** Monday to Friday: € 6,50  
Sundays, Saturdays and holidays: € 10  
Children (0-5): free, accompanied by one adult.

### MIRLO BLANCO

Amusement area with children's attractions and leisure activities in Pradollano.  
Activities: trampolines, bouncy castles, zip-line, bicycles, Karts without motor and the roller coaster.  
**Schedule:** Open all days, from 10.00 am to 6:45 pm.  
**Prices:** Roller coaster: € 4  
1 hour of activities: € 8  
Both: € 10

### VISITOR CENTRE EL DORNAJO NATIONAL PARK

Mountain museum that offers one ethnografical tour along the history of the peaks of Sierra Nevada, traditional activities such as agriculture, the medicinal use of mineral and thermal waters and the creation of snow Wells.  
**Schedule:** 08.00 am to 3.00 pm (closed Mondays and Tuesdays in July).  
**Price:** Free. Located at km 23 of the access road A-395

### BOTANICAL GARDEN HOYA DE PEDRAZA

Located at km 27 of the access road to the ski resort, the garden is structured in four vegetable areas that include the endemic plants of the Sierra Nevada.  
**Schedule:** Sundays to Tuesdays from 09 am to 2.30 pm. Closed on Mondays. Free Access.

### FARMHOUSE FUENTE ALTA

Ethnografical activities for groups (minimum 15 pax) around the Fuente Alta former farmhouse, close to Pradollano.  
**Price:** Free. Scheduled activities: € 12/pack

## SPORTS EVENTS

### JULY

**6 th - 7 th: X Mountain Festival**  
Trails running. Conferences and mountain race.  
Vertical Km: 4,9 km and 1000m vertical drop.



### JULY

**6 th: X Sierra Nevada Límite**  
Road Cycling. Two distances: 131 km or 62 km.

### 7 th: XXVI Subida Cicloturista al Veleta

Road Cycling. Cenés de la Vega-Pico Veleta.

### 13 th: VI Ultra Sierra Nevada

Trail running. Three distances: Marathon by mountain (40 km from Quéntar), Trail (62 km from Beas of Granada) and Ultra (100 km from Granada).

### 13 th: Trekking Altas Cumbres.

Trekking. Ascend to the Veleta and Mulhcn peaks. Not competitive

### 21 th: VIII Triatlón Sierra Nevada

**Olimpic** 1500 m. swimming / 40 km cycling / 10 km run.  
**Sprint** 750 m. swimming / 20 km cycling / 5 km run.

### 27 th: VII Subida Senderista Pico Veleta Techo de Dílar

Trekking. Guided route Posiciones del Veleta, Veleta, Lagunillos de la Virgen and Laguna de las Yeguas.

### 28 th: Rallye MTB Muntasil

Muntasil MTB race. Cross country. It will be held in the Forrest circuit. Close to Pradollano

### AUGUST

#### 4 th: XXXV Subida Internacional Granada -Pico Veleta

Ultradistance. Granada-Pico Veleta. 50 km.

### SEPTEMBER

#### 1 st: Sport Orientation

Sport orientation race in Pradollano



## MUSIC

All the concerts will be held in the Plaza Andalucía. Free entrance. Free parking

### X FESTIVAL SIERRA NEVADA POR TODO LO ALTO

Rock: The concerts will be held in Pradollano at 2.100 meters of altitude and for free  
**Date:** 23 th - 24 th of August. 9.30 pm.

### LIVE MUSIC LA BODEGA

**Date:** Saturday night. 10.30 pm



### POPULAR FESTIVALS VIRGEN DE LAS NIEVES

Three days of celebration in Pradollano in honor of the patron saints of Sierra Nevada with the traditional pilgrimage of the Virgen de las Nieves, which this summer celebrates its centenary. Concerts, traditional games and activities for children and families make up the festive program.  
**Date:** 2 th, 3 th and 4 th of August.

## NATURE

In cooperation with the Visitors Centre El Dornajo National Park

### LOS LAGUNILLOS DE LA VIRGEN TOUR

Guided tour around the mountain lakes of Sierra Nevada, to identify the native species of the richest biodiversity spot of the Peninsula.  
**Dates:** 13 th of July.  
**Price:** € 20/pack (climbing + guide).

### VELETA PEAK ROUTE

Guided tour from Pradollano to Veleta, one of the highest peak of the Peninsula.  
**Dates:** 28 th of July.  
**Price:** € 20/pack (climbing + guide).

### LAS LAGUNAS TOUR

Guided tour of the high-mountain glacial lakes, such as Laguna Larga and Laguna de la Mosca.  
**Dates:** 11 th of August.  
**Price:** € 20/pack (climbing + guide).

### ASCENT TO MULHACEN PEAK

Guided tour from Posiciones de Veleta peak to Carihuela followed by adescend to Laguna de la Caldera. Then, from the shelter with the same name, ascend to the peak of Mulhacen.  
**Dates:** 24 th of August.  
**Price:** € 25/pack (climbing + guide).

### GEOLOGIST FOR A DAY

Identification of the formation of the peaks of Sierra Nevada as a result of the glaciers and extreme climate changes. Geological route in Fuente Alta setting.  
**Dates:** 7 th and 21 th of July; 4 th, 10 th and 18 of August and 1 st of September.  
**Price:** € 20/pack (climbing + guide).



### 3.000 METRES COMPLETE TOUR

Expedition to the High Mediterranean Mountain. Four days to climb up more than 3,000 metres. Overnight stays in shelters.  
**Price:** Group of 5 people minimum. Check rate.



## YOUNG CAMP

Athletics, triathlon, languages, cycling, multi-adventure and entertainment.  
**Dates:** From 30 th of June to 8 th of August, for periods of 5, 7, 8 and 14 days.  
**Youth camp date:** 6 and 17 year old.

## ASTROTOURISM

### SUNRISE FROM THE VELETA PEAK

Transfer to the Veleta peak, 3000m above sea level to admire the sunrise.  
**Dates:** 7 th, 14th, 21th and, 28th of July; 11 th, 18th and 25th of August; 1st of september.  
**Price:** € 20/pack (transport, guide and breakfast).

### SUNSET FROM THE VELETA PEAK

Transfer to the Veleta peak to enjoy the sunset over the Granada skyline.  
**Dates:** 6th, 13th, 20th and 27th of July; 3th, 17th, 24th and 31th of August.  
**Price:** € 20/pack (transport, guide and snack)

### VISITS TO THE OBSERVATORY

Ascent in a gondola and chairlift to the height of 3000 metres and continue towards the astronomy facility on foot. The observatory is equipped with two Nasmyth telescopes with 1.5 m and 0.90 m apertures respectively  
**Dates:** 13th and 20th of July; 10th and 17th of August.  
**Start time:** 2.30 pm  
**Price:** € 25/pack. (forfaits + visit)



### PERSEIDS NIGHT - 10TH OF AUGUST

In the crowning moment of the meteor shower, this activity will allow you to contemplate the sky of Sierra Nevada from Borreguiles, 2,700m above sea level, with the possibility to access it via a lift. This activity includes a scientific talk, children's workshops and astronomical observation.  
**Fecha:** 10th of August.  
**Place:** Borreguiles (from 9,30 pm to 01,45 am).  
**Price:** from € 20 (lift ticket, a welcome drink and a cup of hot chocolate included).



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## RELEVANT INFORMATION

**ACCOMMODATIONS**  
**In the ski resort**  
Apartahotel Trevenque  
Hotel Kenia Nevada  
Hotel GHM Monachil  
Hotel Nevasur  
Hotel Montesol  
Apartamentos Inside Plaza  
Apartamentos GHM Monte Gorbear  
Apartamentos Habitat  
Apartamentos Plaza  
Apart. Todo Sierra Nevada  
Albergue Universitario  
Albergue Inturjoven  
CAR | Inm. Nievemar

**SHOPS / BIKEPARK SCHOOL**  
Rio Sport | Santisteban Sport  
All Mountain  
Alquiler y Tienda Al-Andalus

**RESTAURANTS**  
**Pradollano**  
Restaurante La Bodega  
Cafetería Vertical  
Restaurante / Cafetería Telesilla  
Little Morgan | Casablanca  
Restaurante La Antorcha  
Nice | Cafetería Andalusi  
Ci Vediamo | La Lonja  
Pans & Company | Visera  
Como en casa | Bar Esquí Nichi

**On the acces road**  
Hotel El Guerra  
Hotel Santa Cruz

**Campsites**  
Fuente del Lobo  
El Purche  
Las Lomas

**OTHERS ESTABLISHMENTS**  
Chemistry | Clinic  
Supermarket  
Banks (Caja Rural y Bankia)

**BOOKING:** agencia@sierranevadaclub.es **Phone:**+34 958 70 80 90

**Free Parking Andalucía square.**

**Free parking for motorhome in the Pradollano bus parking**

**Bus Granada-Pradollano-University Hostel:**  
**Departure:** 9.00 am from Granada bus station  
**Return:** University Hostel, 5.00 pm;  
Pradollano at 5.15 pm.

**Customer service schedule at the Sales Office:** from 09.45 am to 6.00 pm

**BIKE PARK. RULES OF SAFETY**  
*Downhill circuits are descents that are linear, marked and indicated, and prepared and reserved exclusively for the downhill event and thus cannot be negotiated in the opposite direction. The downhill circuits may include artificial modules to complement the natural obstacles.*

- You need a minimum amount of training and good physical abilities to enable you to steer the bike properly and avoid obstacles.
- Keep in to the marked trails and not try to take any short-cuts. It is mandatory to respect the signage, with no change or modification being permitted. Circuits are marked according to levels: Green: Very easy / Blue: Easy / Red: Difficult / Black: Very difficult.
- Cyclists should use a bicycle that is fit for descent, with full suspension and capable of absorbing the jolt of landing and other obstacles to be found along the route.
- Cyclists should wear a full-face helmet, neck brace adapted to the helmet, and protection for the back, elbows, knees and calves, plus gloves.
- Cyclists should act carefully and responsibly and control their own speed so as not to give rise to any situation that might jeopardize their own safety or that of other users. Users should be aware of the difficulty of the route, the layout of the obstacles and their own technical and physical abilities.
- Except in competitions, the cyclist in front has priority. Avoid stopping in places that might obstruct the route or that might not be visible from higher up. Before starting your descent after making a stop, look higher up the trail and give way to anyone already coming down.
- Downhill cycling trails are reserved solely for this activity and are therefore off bounds to pedestrians and other types of user.
- The difficulty of the obstacles may change due to bike rides or weather conditions. Make sure that the landing zones for jumps or steep sections are free of other users.
- The fact that the lifts are open is no guarantee that the downhill trails will be negotiable.

